



**DO YOU WANT TO  
RECEIVE COPIES OF MEETING MINUTES  
BY POST?  
If so complete this form.**

Name .....

Address .....

.....

Telephone number .....

Name of Support Worker (if you have one)

.....

Pass this form to your support worker or post to  
Karen Ryan , The Whitechapel Centre, Langsdale  
St, L3 8DU

# Whitechapel Altogether

December 2011



**Whitechapel's Service User involvement  
Group**

**Next meeting on**

**Friday 16th Dec 2011**

**Will be a Christmas celebration for mem-  
bers please let Karen know if you wish to  
attend on 0151 207 8667.**

The **Whitechapel Altogether Group** is for anyone who receives or used to receive a service from the Whitechapel Centre. Its an opportunity to meet new people, share experiences and get involved in shaping services and being a voice for all service users. We meet on the last Friday of every month and there are opportunities to have a role in the running of the group.

At the last meeting the group finalised plans for the street collection in the city centre on 10th and 17th Dec and arrange another car boot sale to raise money for the group to be held locally on 7th Dec. We heard feedback on suggestions the group had made for sessions at the enablement centre and discussed funding issues. We also agreed information should be displayed about the group at an event at Whitechapel before a carol concert to raise money for the charity.

The next meeting will be a celebration of everything that the group has achieved this year to be held at The Brink, Parr St. Please let Karen know if you wish to come along on 0151 207 8667.

### **Newsletter news!**

If you have any recipes , articles, poems, art work, or your own story of your experience with Whitechapel that you wish to share, please pass them in to your worker or Jim Roebury, Volunteer at the Centre.

*Merry Christmas from Whitechapel Altogether.*

### **. Other activities you can get involved in**

Our enablement centre runs a lot of different groups and sessions that may help improve your confidence and get you out trying something new in a safe environment.

The following is open to anyone who receives a service from Whitechapel— **so come along and try them out!**

Tues 6th,13th and 20th Dec 12.30 to 2.30pm

Alcohol Awareness: support group for abstinent or more stable drinkers.

Wed 7th, 14th and 21st Dec 12.30 to 2.30pm

Wii Bowling: compete with your friends. Prize for the winner.

Football training 2pm at Goodison Park

**Christmas dinner and bingo compliments of Barclaycard 3pm Weds 14th Dec.**

Thurs 22nd Dec 12.30 to 2.30pm

Karaoke afternoon—come and sing your favourite songs.

Fri 2nd, 9th, 16th and 23rd Dec 10.30 to 12pm

Alcohol awareness: support group for current & chaotic drinkers

Brush up maths.

Fri 2nd, 9th and 16th Dec 12.30 to 2.30pm

Hope Club: Job search, interview skills, CV's for those ready to look for employment

Five a side football 2pm at the Pitts