

Enablement Activity Sessions

DATE	TIME	SESSION	WHAT IS IT?
Monday 31st March	10am–12pm	Guided Cycle Ride	Gentle rides led by Bike Right around the area. Rides start & finish at the centre, bike and safety equipment provided.
	12.30–2.30pm	Furniture restoration	Learn to hand paint, restore and upcycle vintage, antique and shabby chic furniture.
Tuesday 1st April	10.30am	Football	Meet at Whitechapel Centre at 10.00am or at The Pitz at 10.30am for Five-a-side Football and training
	10am–12pm	Bingo & Quiz	Fun & prizes
	12.30–2.30pm	Budgeting	A simple, personal budgeting course, great for anyone trying to manage household finances & benefits.
	12.30–2.30pm	Why Volunteer & Managing Conflict	Pre-volunteering course.
Wednesday 2nd April	10am–12pm	Drama with Abi	Fun, friendly & thought provoking sessions, creating theatre about things important to you.
	12.30–2.30pm	Music	Join Hugo and help form the next band! Something for everyone with plenty of guitars & percussion instruments.
Thursday 3rd April	8.30am	Alcohol Awareness	Support group for stable & abstinent drinkers
	10am–12pm	Art	Tap into your creative side!
	10am–12pm	Gardening	Meet at Whitechapel Centre for gardening at Kensington Fields
Friday 4th April	8.30am	Alcohol Awareness	Peer support for current & chaotic drinkers
	10am–12pm	Employment & Training Drop in	Drop in and see Ruby to assist you with your job hunting, employment and training needs
	10am–12pm	IT drop-in	Develop your IT skills, surf the internet, suitable for all levels of ability.
	12.30–2.30pm	Hope Club	Employment, education & training advice for those with a history of substance misuse.

Our activity sessions are available to anyone who is rough sleeping, just moved into a tenancy or hostel, supported by our outreach or floating support teams. Just drop in and join in!

The Whitechapel Centre, Langsdale Street, Liverpool, L3 8DU 0151 207 7617.



Enablement Activity Sessions

DATE	TIME	SESSION	WHAT IS IT?
Monday 7th April	10am–12pm	Guided Cycle Ride	Gentle rides led by Bike Right around the area. Rides start & finish at the centre, bike and safety equipment provided.
	10am–12pm	LFC Cookery Course	6 week cook and taste sessions with the LCH Community Food Workers
Tuesday 8th April	10am–12pm	Bingo & Quiz	Fun & prizes
	10.30am	Football	Meet at Whitechapel Centre at 10.00am or at The Pitz
	12.30–2.30pm	Egg-straordinary Crafts & Quiz	Pre-volunteering course. Easter inspired crafts and & quiz
Wednesday 9th April	10am–12pm	Drama with Abi	Fun, friendly & thought provoking sessions, creating theatre about things important to you.
	10.00am	Cycle ride—New Brighton	Guided cycle ride led by Bike Right via the ferry to New Brighton. Bikes and equipment are provided
Thursday 10th April	8.30am	Alcohol Awareness	Support group for stable & abstinent drinkers
	10am–12pm	Gardening	Meet at Whitechapel Centre for gardening at Kensington Fields
Friday 11th April	8.30am	Alcohol Awareness	Peer support for current & chaotic drinkers
	11am–1pm	End of Term Awards	Celebrating the achievements of service users who have attended Whitechapel activities. A buffet lunch will be served!
	10am–12pm	Employment & Training Drop in	Drop in with Ruby to assist you with your job hunting, employment and training needs
	12.30–2.30pm	Hope Club	Employment, education & training advice for those with a history of substance misuse.

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DATE	TIME	SESSION	WHAT IS IT?
Monday 14th April	10am–12pm	Guided Cycle Ride	Gentle rides led by Bike Right around the area. Rides start & finish at the centre, bike and safety equipment provided.
	10am–12pm	LFC Cookery Course	6 week cook and taste sessions with the LCH Community Food Workers
Tuesday 15th April	10am–12pm	Bingo & Quiz	Fun & prizes
	10.30am	Football	Meet at Whitechapel Centre at 10.00am or at The Pitz at 10.30am for Five-a-side Football and training
	12.30–2.30pm	Trip to Street of Hope	Pre-volunteering course. Visit both the Anglican & Catholic Cathedrals as well as St John's Gardens
Wednesday 16th April	10am–12pm	Drama with Abi	Fun, friendly & thought provoking sessions, creating theatre about things important to you.
Thursday 17th April	8.30am	Alcohol Awareness	Support group for stable & abstinent drinkers
	10am–12pm	Gardening	Meet at Whitechapel Centre for gardening at Kensington Fields
Friday 18th April	BANK HOLIDAY	GOOD FRIDAY	

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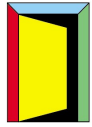


Enablement Activity Sessions

DATE	TIME	SESSION	WHAT IS IT?
Monday 21st April	BANK HOLIDAY	EASTER MONDAY	
Tuesday 22nd April	10am–12pm	Bingo & Quiz	Fun & prizes
	10.30am	Football	Meet at Whitechapel Centre at 10.00am or at The Pitz at 10.30am for Five-a-side Football and training
	12.30–2.30pm	First Aid	Pre-volunteer training course. Red Cross basic training
Wednesday 23rd April	10am–12pm	Drama with Abi	Fun, friendly & thought provoking sessions, creating theatre about things important to you.
Thursday 24th April	8.30am	Alcohol Awareness	Support group for stable & abstinent drinkers
	10am–12pm	Gardening	Meet at Whitechapel Centre for gardening at Kensington Fields
Friday 25th April	8.30am	Alcohol Awareness	Peer support for current & chaotic drinkers
	10am–12pm	Employment & Training Drop in	Drop in with Ruby to assist you with your job hunting, employment and training needs
	12.30–2.30pm	Hope Club	Employment, education & training advice for those with a history of substance misuse.

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Enablement Activity Sessions

DATE	TIME	SESSION	WHAT IS IT?
Monday 28th April	10am–12pm	Guided Cycle Ride	Gentle rides led by Bike Right around the area. Rides start & finish at the centre, bike and safety equipment provided.
	10am–12pm	LFC Cookery Course	6 week cook and taste sessions with the LCH Community Food Workers
Tuesday 29th April	10am–12pm	Bingo & Quiz	Fun & prizes
	10.30am	Football	Meet at Whitechapel Centre at 10.00am or at The Pitz at 10.30am for Five-a-side Football and training
	12.30–2.30pm	Mosaics Part 1	Pre-volunteer training course. Get creative with Mosaics
Wednesday 30th April	10am–12pm	Drama with Abi	Fun, friendly & thought provoking sessions, creating theatre about things important to you.

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The Whitechapel Centre

Offering real solutions to housing & homelessness



How to find us

Address: The Whitechapel Centre
Langsdale Street
Liverpool
L3 8DU

Phone: 0151 207 7617
Fax: 0151 207 4093

E-Mail: info@whitechapelcentre.co.uk



Open Access Drop In

Available for rough sleepers only. You are welcome to join us for breakfast as well as access to hot showers, laundry facilities and a change of clothes. One to one support is available to help you address accommodation problems and other issues.

Health Services

A GP surgery is available at the centre on Tuesday mornings for anyone who is rough sleeping and not yet registered with a GP. On Wednesday mornings, our Community Pharmacist is on hand at the centre for anyone with questions or concerns about medications they are using, including matters such as interaction of medication with drugs/ alcohol.

A member of our staff also works as a Patient Mentor, supporting homeless patients attending appointments at the Brownlow Group Practice, a city centre surgery providing services for homeless individuals, including a Homeless Access Clinic on Thursday afternoons.

Move Project

The Whitechapel Centre values the skills and life experiences that people who have experienced homelessness can bring to our organisation. The MOVE Project supports people who would like to volunteer for us but who are not quite ready to start volunteer training. Every 3 months we run our 'Pre-vol' classes - a series of fun activities to give former or current service users the confidence and skills to join us a fully fledged volunteer. When someone is ready to make the move into volunteering they can have a chat with our MOVE Manager about the next steps.

If you are, or know someone who is, at risk of rough sleeping tonight call us on:

0300 123 2041



TELL US ABOUT A ROUGH SLEEPER

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